

# **Defensive Driving Course Outline-Online**

#### Course Overview:

When driving we sometimes take on a different personality, and unfortunately that personality is often a reckless risk taker, or someone overly aggressive. The Safe and Defensive Driving training module discusses tips and techniques for avoiding risks and aggression. The course also identifies numerous factors that appear as innocent actions, but have the potential to cause accidents and injuries.

#### Who Should Take This Course?

Employees who must drive automobiles (cars, vans, pickups) as part of their job. Positions like field sales personnel, field technicians, or personnel visiting offsite locations including delivery of small parts or equipment, will benefit from this course. Large delivery trucks are beyond the scope of this course.

# **Course Objectives:**

After successful completion of this training module, students will understand:

- Recognize external factors that inhibit drivers' ability to concentrate
- o Apply techniques for focusing attention to the task of driving
- Detect behaviors and situations that may weaken driving ability
- Employ stress-reducing actions to avoid unsafe driving
- Complete a pre-trip checklist to ensure vehicle safety
- Recall procedures for contingency plans, in case of emergency situations

## Prerequisites:

No prerequisites are assigned to this course.

#### Topics:

- Defensive Driving
- Assessment & Statistics
- o What Makes a Safe Driver?
- o How Does a Safe Driver Behave?
- o What Does a Safe Driver Do?
- International Driving
- Emergencies

#### Registration:

Register online at www.csregs.com, or call 1-800-711-2706 Ext 1.

### **Discounts:**

For companies wishing to register multiple students, the following discounts are available:

- 10% discount for 5-10 licenses
- o 15% discount for 11-20 licenses
- 25% discount for 21-50 licenses
- o 45% discount for 51-100 licenses
- Call for preferred discounts for over 101 licenses!

**To take advantage of the above discounts**, please contact us at 1-800-711-2706 Ext 1 **BEFORE registering** so we can issue licenses to be used during the registration process.

Copyright © 2010 by Compliance Solutions Occupational Trainers, Inc.