

10-Hour OSHA Construction Safety Outline-Online

The Occupational Safety and Health Administration (OSHA) recommends Outreach Training as an orientation for workers employed in the construction industry. This OSHA-online 10-Hour Construction Industry Outreach Training program is designed for entry-level construction workers and will help individuals gain critical knowledge on a variety of OSHA-regulated safety and health topics.

Prerequisites: None

Who Should Take This Course?:

- Employees, contractors and other personnel who have responsibilities and/or work assignments on construction sites, especially construction workers who are actively engaged in construction activities should take this course prior to entering a construction site.
- Entry-level personnel with little or no experience on construction sites.
- At the time of publishing this document, the following states have mandated **companies working on state construction sites or under state contracts MUST have OSHA Construction Safety training. This requirement is in addition to the current Federal OSHA requirement.**
- Connecticut
- Massachusetts
- Missouri
- Nevada
- New Hampshire
- New York
- Rhode Island
- OSHA advises employers that in addition to the online course, all site workers should receive additional site and function specific training based on the specific hazards of their jobs.

Course Description:

This course provides construction personnel and entry level workers an *overview* of the basic hazards that may be encountered on a construction site, how site safety is organized and implemented as well as which areas fall under the umbrella of OSHA's jurisdiction. Students will gain a basic understanding of how regulations and OSHA safeguards operate to protect both workers and employers, and how they can benefit personally from a better understanding of OSHA standards.

During the course, Students will complete the following training modules:

- Introduction to OSHA
- Electrical Safety
- Fall Protection, Struck-By & Caught-Between Accidents
- Personal Protective Equipment (PPE)
- Scaffolds
- Cranes
- Power Tools
- Excavations
- Materials Storage
- Demolition
- Hazards in Communication

OSHA 10 HOUR ONLINE CONSTRUCTION SAFETY COURSE OUTLINE (cont.)

Learning Objectives:

Upon successful completion of the 10-Hour training program, Students will be able to:

- Explain OSHA's purpose and how its standards serve to make the workplace safer for construction workers
- Discuss the major areas in construction to which OSHA standards apply, and what those standards mandate
- Recall what employer/employee issues OSHA covers, how and when to contact OSHA , and what protections OSHA may provide
- Name overall safety practices relevant to the construction industry, and explain what precautions to take against hazards on the job
- Obtain your **OSHA 10 Card**

Registration and Payment Options:

Students can register online at www.csregs.com or by contacting us directly at 1-800-711-2706 Ext 1. Compliance Solutions offers the following options and prices for 10-Hour Construction Safety:

On-Site Training for Groups:

The OSHA 10-Hour Construction Safety course is also available on-site for groups of 8 or more. For information, questions on this course or to receive a quote for group discounts/on-site training, please contact us at 1-800-711-2706.